



Selecting & Training of Apps

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Overview

- App selection questions
- Factors to consider
- The importance of app reviews
- What about training?
- Live demo
- Integrating apps into daily life



App Selection Questions

- Question 1: What is the compensatory purpose for the app? – This question helps focus attention on specific issues the potential user has that the app might address.



App Selection Considerations

- Cognitive issues:
 - e.g., attention to detail, sequencing, decision-making, problem solving
- Functional issues:
 - e.g., memory, goal setting, fatigue, problem solving
- Practical issues:
 - limit number of apps used



App Selection Questions

- Question 2: What features should we be looking for in such an app? – This question brings attention to the features included in an app and whether those features are beneficial and/or necessary to help individuals with brain injuries.



App Selection Questions

- Question 3: What other cognitive skills will this app help to work on or develop? – Once an app has been selected for the identified compensatory purpose, meta-cognition and generalization can be emphasized through the training process.



App Selection Questions

- Question 4: How does one app compare to another, including features or fields the apps share as well as specific differences?



Factors to Consider

- iTunes/Google Play
 - General app reviews
 - App images
- App “staying power”
 - Length of time in marketplace
 - Frequency of updates
 - New and improved functionality with updates
 - Consistent user interface across updates



The Importance of App Reviews

- Relevant app reviews
 - Brain Injury App Reviews (braininjuryappreviews.com)
 - Geek SLP (geekslp.com)
 - Advance Healthcare Network (speech-language-pathology-audiology.advanceweb.com/All-About-Apps/default.aspx)
 - OTs with Apps (otswithapps.com)
 - Tactus Therapy (tactustherapy.com) Megan Sutton



App Selection Considerations

- Available trainings
 - Developer Website
 - YouTube
 - Training sites
 - id4theweb.com



What About Training?

- Systematic Instruction
 - Limited range of instructional targets (e.g., only one feature at a time)
 - Multiple training examples
 - Step-by-step models, carefully faded support
 - Training in different environments



What About Training?

- Making Cognitive Connections
 - Teaches the basic steps necessary to use a smart device
 - Points out the cognitive skills needed to do each step
 - Has users apply those same skills to their everyday lives
- MCC approach is practical, concrete, relevant, and transferable



Live Demo

- Teaching strategies for calendaring and time management, task management, note taking techniques, and goal setting
 - Week Calendar
 - Todo
 - Evernote
 - ProSolv
 - ManageMyFatigue



Integrating apps at home, school, and work

- May require slow integration
- When to use apps
- Support is essential
- Evaluating effectiveness of apps





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